

ONE

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What is truth, they argue
Where can it be found?
What laws can protect the weak from the strong?
To and fro we go
Not knowing which way to go

Alas, we have forgotten who we truly are
Do we not see the birds in the sky
How they move as One
And it is so beautiful?
Do we not see the fish in the ocean
How they move as One
And it fills your heart with joy?

Oh child of this universe
Learn from Mother Nature
To move in harmony with all humans
To love all creatures in this world
To be as One with All.

